

Positive Behavior Intervention and Support Examples

(Add strategies as the year goes by)

- Use relaxation exercises
- Teach positive self-talk
- Allow time to gain self-control
- Allow time to refocus
- Provide a cool down area in the classroom
- Allow student to take a walk with supervision
- Provide stress relieving manipulatives
- Provide structure
- Provide organization
- Provide visual time management
- Provide a class or daily schedule
- Positively recognize improved efforts
- Be proactive for a positive classroom environment
- Have consistent consequence in a timely manner
- Avoid using threats
- Provide private, nonverbal cues
- Be direct
- Correct inappropriate action
- Allow reflection of behavior
- Conference with student
- Allow kinesthetic learning
- Plan to prevent triggers
- Plan verbal responses
- Recognize and improvement in behavior
- Refrain from engaging in an argument or a power struggle
- Refuse to threaten or plead with students
- Teach an alternative to regression
- Acknowledge student's feelings
- Use diffusing statements
- Do not take behavior personally
- Avoid "Why?" questions
- Use positive body language
- Avoid judgmental comments
- Determine root causes of problems
- Offer choices
- Create a "job" for the student
- Help student find a purpose



- Reinforce positive student behavior
- Set high expectations
- State rules positively
- Greet the student by name daily
- Focus on the positive
- Avoid sarcasm
- Avoid criticism
- Teach self-management skills
- Role play expected behavior
- Avoid immediate emotional response